## GL<sup>1</sup>1 Listening Month 2023

Each year at GL11 Community Hub, we run Listening Month, when we ask participants to complete a questionnaire which will help us understand who comes to GL11, what they take part in and how participating in groups and activities may have supported them in some way.

This year, we were also keen to find out whether our community seeks change, and whether they perceive GL11 as a way to make that a possibility for them.

This is how we have measured up against our vision:

Our vision	The numbers	The human impact
Enabling friendship	94%	have made friends
A safe & supportive space	84%	say their wellbeing has improved
Enabling learning & growth	86%	feel more able to tackle life's challenges
Enabling growth	91%	feel more confident
Enabling bravery	77%	feel they currently have a yoice in the community
Connected community	91%	are feeling more engaged with the community
Can do community	85%	are interested in getting things changed/improved.
Can do community	87%	think GL11 can help them seek change or achieve improvement in their community.

## Listening Month 2023

our impact in words ...

GL11 has been a great opportunity for me and my toddler to get out and socialise. Everyone is so lovely and my toddler really enjoys coming.

GL11 is an amazing service. We have been so lucky to have this organisation support us through a nightmare which is living with long covid. Thank you so much

This place is brilliant!

Kind, friendly group

and staff- no

judgement, relaxed and

calm environment with

lots of activities.

More than 8000 visits in a year!

This group has improved my son's confidence with adults and other children.

GL11 is a very friendly and inclusive place.

800+ people referred for counselling by local GP's in a year!

We are so lucky to have GL11 supporting us. It has made an amazing difference just knowing others are going through what you are experiencing.

